

Season 2018 Rules Vic Metro Superules League Modified Rules

No Boundary Umpires. Out of bounds will result in a ball up by the field umpire 20 meters in from the boundary.

No Centre Circle for ball ups. Ruck must be on either side of the Centre Line.

Ball to be thrown up at all times, not bounced.

Around ground Ball Ups, Ruck must be nominated, no contact to be made prior to Ball Up. Ruck initiating contact will have a free kick awarded against them.

Pink vests are to be worn by ALL Officials who enter the ground during the game. A count is called if this is transgressed and score for the quarter is deducted.

Any use of the knee in a contest will result in a free kick.

It is permitted to rush behinds, there is no penalty.

Deliberate Out of Bounds rule only applies when Umpire deems there is a blatant attempt to gain advantage or slow play near the end of a quarter of game.

Protected area from a player in possession is 10 meters. The Umpire has discretion to not pay a free kick if they deem that there is no attempt to impede.

Interchange is allowable from near the Coaches Box.

Abuse of an umpire from the bench will result in a free kick against that team. Further comments after the awarding of the free kick will cause a 30 meter penalty. If the abuse continues the Club will be reported and penalties may be imposed at the Boards discretion.

Kicking in danger applies when another player has his hand on or near the ball.

Sling tackles and front on bumps result in a free kick

High fend offs (above the shoulders) result in a free kick, even if the player is in possession.

Advantage rule may be applied at the umpires discretion.

Order Off Rules apply. Card System is in place